

CONNECTICUT FAMILY PHYSICIAN

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Of Note...

- **AAFP** informed the CAFP that it received a 1st Place Award for the highest percentage increase in student membership and a 100% resident membership in 2014.
- **Dr. Douglas Henley**, AAFP Executive VP, thanked the CAFP staff and the many members who participated for their efforts which helped defeat SGR.
- **Drs. Stacy Taylor, Johvonne Claybourne, Sandra Hughes, David Howlett, Emmanuel Kenta-Bibi, Kathy Viereg, and Shaista Qureshi**, as well as **Mark Schuman** and **Mary Yokose** of the staff attended the AAFP Leadership Forum.
- CAFP contributed \$1500 to the CSMS media campaign opposing SB 1028, which would have allowed an individual who turns 18 to sue for malpractice on an alleged negligence that occurred eight years prior. The campaign was successful as the Bill never came up for a vote.

Direct Primary Care Conference

Is Direct Primary Care the Model for You?

On Friday, June 12, 2015, Dr. Brian Forest, who is considered the “Guru” of Direct Primary Care, came to CT. He spoke to a large group of CAFP members (Physicians, Residents, and Students) to help them understand the payment reform option known as DPC.

He spoke on its effect on care delivery, as well as on cost transparency; patient/provider relationship and satisfaction; and practice administration and finance. The day was an interactive session with many questions, so many in fact, that Dr. Forest stayed after the program was over to continue the dialogue with members.

Dr. Forest is CEO and founder of the Access Healthcare Direct network of direct care practices. He pioneered the direct primary care model 13 years ago and currently leads the DPC workgroup for the American Academy of Family Physicians Commission on Quality and Practice. Former U.S. Congresswoman, Nancy Johnson, who is interested in the Direct Primary Care concept, was a guest at the CME Program.



A full house attended the June CAFP Conference on Direct Primary Care. DPC allows physicians to work directly with their patients, bypassing dealing with insurance carriers.



Former U.S. Congresswoman Nancy Johnson, was a surprise visitor to the DPC Conference to learn more about this model of care.



Dr. Brian Forest, CEO of Access Healthcare Direct, was the featured speaker at the Direct Primary Care Conference

Twenty Lectures on Varied Medical Subjects Scheduled for 2015 CAFP Scientific Symposium

Twenty lectures covering a wide variety of important medical issues will highlight the 2015 CAFP Scientific Symposium on October 21-22 at the Aqua Turf Club in Plantsville, CT.

Opening with a key note presentation entitled, “The Ten Best Things I Learned in the Past Year”, the Wednesday session will include

lectures on Insomnia, Emerging Infectious Disease, Safe and Competent Opioid Prescribing Education and New Recommendations in Hypertension and Hyperlipidemia.

Following lunch there will be lectures on Advance Care Planning including Palliative Care, Travel Medicine, Pediatric GI, Multiple Disciplines for Optimal Outcomes,

and a closing presentation on Dermatology.

The Thursday session will open with an 8:30 a.m. presentation on “The Lump in the Neck”, and will be followed by presentations on Autism, How to Deal with a Difficult Patient, Pediatric Obesity and

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Death Over Dinner: A Great Conversation and Important CME

By Caitlin Bette-Waner, MSS
UConn FMIG Co-chair

Editor's Note: On behalf of the UConn Family Medicine Interest Group, I would like to thank the Academy for its generous contribution to our club's event *Death Over Dinner*. It was a big success! The framework for this event came from a national campaign called "*Let's Have Dinner and Talk About Death*" which aims to get more conversations started about end of life care.

Death Over Dinner was first brought to UConn last year by 2015 graduate Rose Barnham, who discovered the program at TedMed. She felt that hosting a *Death Over Dinner* among medical students was the perfect way

to broach a subject that is too often neglected in medical education.

This year, the event was jointly hosted by two UConn clubs – the Family Medicine Interest Group (FMIG) and Primary Care Progress (PCP) – with the additional goal of connecting UConn medical students with our peers from other Connecticut medical schools. Thus, we reached out to the FMIG and PCP chapters at Yale University and Quinnipiac University schools of medicine. The event took place on Sunday May 3rd at the home of UConn family medicine faculty Dr. Adam Perrin.

Twenty-two medical students, residents, and physicians, and their significant others, attended with representation from all three medical schools.

After arriving and settling in, guests kicked off the discussion with introductions and a toast to someone of personal significance who has died. This flowed into stories, questions about dealing with difficult situations, and reflections on the unique role of healthcare providers in catalyzing end-of-life care conversations. As the evening progressed, guests continued their discussions in pairs and small
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Doctors Kathy Viereg, left, and Stacy Taylor represented the Academy at 2015 Doctor's Day at the State Capitol.

CAFP Mission Statement

The mission of CAFP is to promote excellence in health care and to improve the health of people of Connecticut through the advancement of the art and science of Family Medicine, the specialty of Family Medicine and the professional growth of Family Physicians.

Death Over Dinner *(Continued from page 2)*

groups, exchanged contact information, and shared resources.

Below are some comments from attendees:

- *“Death Over Dinner was a unique opportunity to speak with other medical students, doctors, and other professionals about this important, but largely ignored topic. Thank you for the support!”*
-Daniel Rappaport, MS1 (UConn)
- *“I spent every Wednesday afternoon this past semester at the Connecticut Hospice as a medical student, observing and talking with patients and their families about a topic that was new to me since starting medical school: dying. I witnessed what that meant to them and realized that to die in peace, among one’s loved ones, is a gift and an option that many do not even know is available for them to choose until it is too late. This is partially a consequence of death being a subject of apprehension in our society and especially in times of illness—the very last word a daughter or*

son or spouse wants to hear about a loved one. Death Over Dinner was a way to open that subject in a thoughtful manner among healthcare professionals, for me to seek feedback on my experience and understand the ways that other providers have dealt with the challenges and successes of the dying experience. The event also put me in touch with medical students outside of my university who have an interest in palliative care, which put my future profession in context as they would be my colleagues one day. I look forward to continuing these conversations, as they will only become more relevant and necessary as I enter a career in medicine.” -Siyu Xiao, MS1 (Yale)

- *“It was truly wonderful to bring together a cadre of students from all 3 CT health profession institutions for an invigorating discussion about Death & Dying. Hosting the event in a comfortable faculty home while enjoying a fabulous meal made for a relaxed atmosphere and an*

easy flow to the conversation. All were ready and willing participants in discussing the vital topic. The conversation was based around a few fascinating online resources and further propelled through the sharing of personal stories, some tragic. The discussants came away with a keen understanding of the vital need to properly prepare one’s patients, and one’s self for that matter, for the “good” death. We learned not to delay in getting advance directives in order while one is lucid with decision-making abilities and judgement intact. There was plenty of time allotted to allow for the information of new connections and friendships. All told a wonderful time was had by all. Huge thanks to event planners Cailin Bette-Waner and Rose Barham and to the CAFP for its financial support.”
- Adam Perrin, M.D. (UConn FMIG Faculty Advisor)

Twenty Lectures on Varied Medical Subjects Scheduled for 2015 CAFP Scientific Symposium

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Transitional Care Codes.

Following lunch, there will be lectures on Geriatric Pearls, ADHD, Testosterone Therapy, Chronic Fatigue Syndrome, and a closing presentation on Different Etiologies in Leg Pain in Children.

According to Drs. Sandra Hughes and Mod Pratinidhi, co-

chairs of the Scientific Symposium, a full program will be available and distributed in early September. They announced that there will also be an educational session for the office staff and members are urged to encourage their staff people to attend the symposium.

Mark Schuman, CAFP Executive Vice President, announced

that the academy will again be posting all available presentations to the CAFP website at www.CTAFP.org. Members are urged to download presentations prior to the symposium. There will be internet access in the lecture room and charging stations will also be available.

The Symposium will be approved for AAFP prescribed credits.

New CAFP Members

Welcome:

Monica V. Villegas, M.D.

New London, CT

Anthony G. Arslan, M.D.

Stamford, CT

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A Quinipiac University student is pictured above providing care and comfort during a recent Health Horizons International trip to the Dominican Republic. Physicians interested in participating in the HHI efforts are urged to contact Dr. Craig Czarsty at the CAFP Executive Office.

Of Note...

- **Drs. Dom Casablanca, CAFP President Johvonne Claybourne** and **Ross Winoker** were invited to a lunch of the Quinipiac FMIC.
- **Caitlin Bette-Waner** was inducted into the Gold Humanism Honor Society at UConn. The mission of the Gold Humanism Honor Society (GHHS) is to recognize individuals who are exemplars of humanistic patient care and who can serve as role models, mentors, and leaders in medicine.
- **Kumba Hinds** has been selected to receive a 2015 Family Medicine Leads Emerging Leader Institute Scholarship. Only 30 individuals were chosen to attend the recent FML Emerging Leader Institute.
- **Patrick Coll, M.D.**, professor in the UConn Center on Aging and the Department of Family Medicine, has been elected to the Board of Directors of the American Geriatrics Society.

2015 Symposium

October 21-22, 2015

Aqua Turf Club | Plantsville, CT



Quality medical education leads to improved patient care. Two days of outstanding lectures and workshops will be presented during the 2015 CAFP Scientific Symposium.

Save the Date!