Medicare Wellness Toolkits and Reimbursment

Or
How to make $$$ with Medicare

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Old Reimbursement Model

- 95 % Fee for Service
- 5% Incentives

New Reimbursement Model

- 95% Fee for Service
- 30-40 % Population management?

Preventive Care Exam

- G0402 Welcome to Medicare (within 1 year of coming onto Medicare)-$137
- G0438 Initial Medicare wellness visit-$187
- G0439 Ongoing Annual wellness visit-$128

Not your old CPE!

- Consider a hand out for patients to explain that new problems/issues will generate a separate charge that will have a co pay.
- Blame Medicare.

How to be efficient?

- Have someone else do the work!!!

- Create templates
- Educate medical assistant
- Change time flow

Imagine starting with the following:

- Vision-20/30. No concerns. Glasses. Last opth visit 3/18
- Hearing- slight decrease. Trouble with crowds and bilat hearing aids or normal to whisper at 8 feet
- Gait- No concerns. 0/3 gait screen
- Memory- no concerns. Pays bills, drives with no issues, manages household or some concerns and minicog 2/3 words 3/3 clock-normal

- Specialists- Dr Heart/Cardio, Dr Eye/Opth etc
- Functional status- No concerns with ADLs (dressing, hygiene, eating). No concern with IADLs (manage meds, food shopping, finances). No assistive devices (cane, walker)
- Depression screen- PHQ2-1/6 so PHQ9-3/29 Neg screen
- Advanced directives- Doctor to do

Template options

- Simple- list of categories.
- Vision/Hearing/Gait/Memory etc.

- Multiple choice
- Vision- Snellen. Problems? Glasses? Last opth visit?
- Hearing- Problems? Trouble with crowds? Trouble on phone? Loud TV? Family comments? Hearing aids? Whisper test.

Template options

- Multiple choice with links to any necessary test.
- Example: PHQ 2 and 9, Gait screen, Mini Cog, Get up and go test. Etc.

Additional billing

- G0444-33 Depression screen
- Dx Depression screen neg or pos Z13.09 $20

- 99497-33 Advanced Dir- first 30 min
- Dx DNR discussion Z71.89 $92

Wellness A and P

- Immuniz- Prevnar 13, Pneumovax 23, Flu, Shingles

- Screening- Colon Ca screen, Hep C screen (1945-1965), Lung CA- 30 pk yr within 15 yrs-age 55-77), AAA screen (Male 65-75 with smoking hx), PSA up to 70, Pap up to 65, Mammo, ? Osteoporosis, ? Incontinence, Any pos screen – Depression/memory/gait

A and P:

- Disease monitoring- DM, HTN, etc. appropriate labs up to date?
- Life style counseling- diet, exercise, tobacco cessation, EtOH appropriate
- Another template option! Or done by EMR?
- Ex-Colonoscopy 10/1/17 neg
- Hep C Ab- 10/1/17 neg
- Etc.

Tobacco Cessation Counseling

- 99406 3-10 min. ICD tobacco abuse
- Note: Counseled to quit. Discussed nicotine replacement Rx, Wellbutrin/Zyban, Chantix options. Will start Chantix. Advised quit date. Spent 3 min counseling
- $15

- 99407 More than 10 min $30

Home care services supervision

- G0180 Initial $58 – needs face to face within 30 days of first visit (before of after)
- G0179 Every 60 days $46
- Dx as listed on the home care certification

Transitional Care Services- hospital or nursing home

- 99495 Communication with pt within 2 d of dx- need med reconciliation
- Moderate complexity
- Face to face within 14 d of discharge
- $ 179
- 99496 Communication with pt within 2 d of dx- need med reconciliaton
- High complexity
- Face to face within 7 d of discharge
- $ 254

99214 or 99213? What's a level 4?

- 3 Stable conditions (DM, HTN,Hyperchol) being managed
- 1 Stable condition and 1 unstable condition (HTN and DM- one needing med change)
- 1 Stable condition and 1 new condition (HTN and skin lesion/thickened toenails/ataxia)
- Minor acute illness in pt with chronic dx
- Needs appropriate documentation
- 99213 – $79.65 99214 – $117

Liquid N2

- Cost every 4 weeks – $112

- Destruction benign lesion up to 15– inflamed seb ker
- 17110 $125

- Destruction premalignant lesion– actinic ker
- 17000 single lx $73 17003 multiple– per lx $5.93