

# CONNECTICUT FAMILY PHYSICIAN

Vol. 14 • Issue 3 • July 2014

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**October 8-9, 2014**

## From Pediatrics to Obesity, Menopause to Neuropathy: Something for Everyone at 2014 CAFPP Symposium

Opening with a keynote address on new anticoagulation recommendations and closing with a thought-provoking discussion entitled “Hindsight is 20/20,” the 2014 CAFPP Scientific Symposium has something for everyone.

Scheduled for October 8 and 9, the program features the widest range of lectures, all of which significantly impact family practice.

The Wednesday keynote address on anticoagulation recommendations will discuss the

medication options and when to stop medication prior to surgery. This will be followed by lectures on pediatric rashes, intriguing adult illnesses, vitamin D, chronic kidney disease, pre-participation examinations, interventional radiology, obesity, and medical marijuana. The Thursday session will open with a discussion on medical weight loss and what to do about it in the office, followed by hypertension guidelines, recognizing the impact of child sexual assault across the lifespan, bipolar disorders, and managing the opiate dependent patients. There will also be programs for office staff and physicians on diagnosing diagnostic error and ten top ways to meet a plaintiff attorney. The afternoon session on Thursday will include an evaluation of peripheral neuropathy and menopause.

The Symposium will close with a thought-provoking lecture and discussion on “Hindsight is 20/20.”

According to Mark Schuman, CAFPP Executive Vice President, the 2014 Scientific Symposium will provide CME credits to help members meet their AAFP educational requirements, will have approximately 20 clinical lectures and workshops, and a Thursday session for office staff and physicians covering medical office management issues.

### Symposium Luncheon Speaker



Wanda Filer, M.D., MBA, FAAFP, a member of the board of directors of the American

Academy of Family Physicians, which represents 115,900 physicians and medical students nationwide, will address the Wednesday, October 8 luncheon during the 2014 CAFPP Scientific Symposium. She will discuss the impact of the Affordable Care Law among other factors which will influence how medicine is practiced in the future.

Filer has been a practicing family physician for more than

25 years. She is the founder and president of the Strategic Health Institute in York, Pa., a health policy and public health consulting firm dedicated to building awareness of today’s health issues and the need for change. In addition, Filer is a family physician at Family First Health, a Federally Qualified Health Center.

A member of the AAFP since 1987, Filer served on the board of FamMedPAC, the AAFP’s political action committee. A member of the Pennsylvania Academy of Family Physicians since 1987, Filer is a past-president of her state chapter.

### CAFP Mission Statement

The mission of CAFPP is to promote excellence in health care and to improve the health of people of Connecticut through the advancement of the art and science of Family Medicine, the specialty of Family Medicine and the professional growth of Family Physicians.

“Tar Wars is a national (AAFP) program that aims to educate children about the dangers of smoking and nicotine addiction.”

## Torrington Students Honored for AAFP TAR WARS Competition

Students from six Torrington area elementary schools were honored recently at City Hall in Torrington for winning local and state wide competitions for the TAR WARS poster contest.

Tar Wars is a national (AAFP) program that aims to educate children about the dangers of smoking and nicotine addiction.

Dr. Stephanie Fowler, contest organizer for Tar Wars in Connecticut, has been presenting the program to all fifth grade students in Torrington and across the state for the past seven

years.

According to Fowler, Torrington has the most successful program in the state. However, she also said that Connecticut ranks fifth in the country for states with the most smokers.

“Every year a Torrington child has won first place for the state competition,” said Fowler.

The rules of the contest are to create a poster with a positive message about why a person should be tobacco free with original artwork. Before launching

the contest, Fowler talked to students about how the tobacco industry gears advertising towards children. There are products on the market by Camel that have similar packaging as Tic Tacs, fruit flavored cigars, and chewing tobacco that is packaged to look like gum.

Matthew Embrey, a fifth grader at East School, won first place for the state. Samantha Allison Martin from Torrington School came in second place for the state contest. Erin Thurston from Forbes School placed third.

## Letter to the Editor

Mr. Schuman,

This letter is to give you information to share with your staff and members as well as with the Board of the Core Content Review for Family Medicine.

I recently had the opportunity to take my sixth certifying examination by the American Board of Family Medicine. I was again successful. It had been 10 years since I took my last examination. Every time I have studied for my recertification, I have used the products from the Core Content Review.

This time, it was more important than going to a course and sitting through lectures. Receiving information and updating yourself on a regular basis is important for all of us in medicine, but especially in Family Medicine. I felt that the biggest challenge for me would be to get myself back into the mode of answering test questions. This is not something easily achieved, despite taking the Maintenance of Certification activities provided through the ABFM. Sitting down and taking a series of 50 or 60 questions at the time was extremely important to be prepared to sit for 6 hours and answer questions on a computer.

I applaud the efforts of the Ohio and Connecticut Academies of Family Physicians in constructing and providing this material. It was extremely relevant in terms of content. It was also very relevant in terms of methodology of question answering.

Please forward my thanks again to all those involved for their endeavors which enable family physicians the opportunity to learn and become certified as well as recertified.

Sincerely,

*Ross R. Black II, MD*

*Editor's Note: Dr. Black is one of the "good guys." A Past President of the Ohio Academy of Physicians and a former Chair of the Core Content Review, he also served on the AAFP Board. His friendship with the Connecticut Academy has been long and enduring. For more information on the Core Content Review, contact Mark Schuman or Mary Yokose at the CAFP Executive Office at 1-800-600-CAFP.*

## New CAFP Members Welcome:

Robert P. Hurley, M.D.  
Groton, CT

Naomi Smid-Afee, M.D.  
Relocating from New York  
Chapter

## From the Historical Records of the Academy - 1962

*Editor's Note: With the advent of relative values, the Academy's Medical Economics Committee in 1962 presented the following recommendations to the membership to consider when evaluating their fees. **This should make interesting reading.***

### HOSPITAL

\$7-10: Usual Hospital Visit

\$15: Hospital Admission of Patient Previously Examined

\$25: Prolonged Detention with Patient in Serious Condition – Per Hour

\$25: Diagnostic Survey Comprising Complete History and Physical Examination

\$10-15: Hospital Visit Necessitating Professional Care Over and Above Usual Hospital Visit (Same as Second and Third Day)

Hospital Visit:

\$10-15 7:00PM – 10:00PM

\$10-15 10:00PM – 7:00AM

\$10-15 Sunday, Legal Holidays, Emergency during Office Hours (In Addition to Usual Daily Care)

\$25: Hospital Care (Normal Newborn)

### OFFICE

\$6 Usual Office Visit

\$10 Office Visit, First Call, New Patient, Required History and Necessary Examination

\$20-35 Only If You Do Sufficient Cases Diagnostic Survey Comprising Complete History and Physical Examination (1 hr. or more – otherwise refer to #2)

\$20 Only If You Do Sufficient Cases Office Visit Necessitating Resurvey of Patient as a whole. (about 1 hr. or more, like annual physical – otherwise refer to #2)

\$8-10 Office Visit Necessitating Professional Care Over and Above Usual Office Visit

\$15 Psychotherapy and Counselling – Per Half Hour

\$6 Office Visit for Immunization Only

### HOME

\$10 First Home Visit

\$10 Follow-Up Home Visit

\$25 Diagnostic Survey Comprising Complete History and Physical Examination

\$15 Home Visit Necessitating Professional Care Over and Above Usual Home Visit

\$25 Prolonged Detention with Seriously Ill Patient – Per Hour

Home Visit:

\$12 7:00PM – 10:00PM

\$15 10:00PM – 7:00AM

\$12-15 Sundays, Legal Holidays, Emergency During Office Hours

\$15-20 Psychotherapy or Counselling – Per Half Hour

## Of Note...

- **Dr. Dom Casablanca**, a Past President of CAFP, has been named to the Reference Committee on Education for the 2014 AAFP Congress of Delegates.
- **CAFP** was honored by AAFP for having 100% of the Family Medicine Residents in Connecticut join the Academy.
- **CAFP** contributed \$500 to support the work of the Primary Care Coalition. The Primary Care Coalition of CT is the one place where the broad primary care community across all professions and practice settings is able to come together on a routine basis to share ideas, learn, and interact with each other and with other important elements of the health care system.
- **Drs. Sandra Hughes, Ed Kim, Johvonne Calybourne, Stacy Taylor and Robert Carr** as well as **Mark Schuman** and **Mary Yokose** of the staff attended the AAFP Leadership Forum.
- **Dr. Andrew Selinger** will be the Chairman of the Department of Family Medicine at the Frank Netter School of Medicine at Quinnipiac University.

## Social Media & CAFP!

Join the Social Media Craze with CAFP! CAFP is on Facebook and Twitter!

Like us on Facebook by searching for Connecticut Academy of Family Physicians.

Follow us on Twitter @CTAFPDOC.

CAFP looks forward to increasing communications with our members through social media.



## CONNECTICUT FAMILY PHYSICIAN



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Vol. 14 • Issue 3 • July 2014

*Connecticut Family Physician* is published by the Connecticut Academy of Family Physicians (CAFP). Views and opinions published in the *Connecticut Family Physician* are not necessarily endorsed by the CAFP.

## Member Interest Groups Approved

As a growing organization with an increasingly diverse membership, all members should have a voice in the American Academy of Family Physicians (AAFP). To support this ongoing effort, the AAFP Board of Directors convened a task force that was charged with examining how issues that affect specific segments of the membership could be raised and addressed effectively. In April 2014, the Board approved the task force's recommendation that AAFP member interest groups should be established as a way to define, recognize, and engage groups of AAFP active members who have

shared professional interests.

Mark Schuman, CAFP EVP, was a member of this AAFP task force.

Member interest groups provide a forum for AAFP active members with shared professional interests. Group members have the opportunity to do the following:

- Network with fellow AAFP members
- Participate in interest-specific continuing professional development activities
- Deliver a unified message to AAFP leadership

- Develop AAFP policy
- Provide input on AAFP policies and positions (upon request)
- Pursue professional leadership development within the AAFP
- Connect to existing AAFP resources
- Meet face-to-face at AAFP Assembly

Applications to create a member interest group must be submitted to the AAFP's Commission on Membership and Member Services (CMMS).

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