

# CONNECTICUT FAMILY PHYSICIAN

Vol. 15 • Issue 4 • September 2015

## New CAFP Members

### Welcome:

Peter Brown, M.D.

*Tolland, CT*

Kim Gygi, D.O.

*Manchester, CT*

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"Dr. Sutay is the self-proclaimed "hardest working pediatrician in comedy."

## Multiple Lectures by an Outstanding Faculty Set For October 21-22, 2015 CAFP Scientific Symposium

Opening with a keynote presentation by Dr. Frank Domino, Professor of Family Medicine at the University of Massachusetts Medical School on "The Ten Best Things I Learned in The Past Year", CAFP members will find everything they need in a broad-based medical education program at this year's CAFP Scientific Symposium on October 21-22 at the Aqua Turf Club in Plantsville.

Following Dr. Domino's presentation, there will be a lecture by Dr. Kathleen Mueller, CAFP Past President who is engaged in private practice on "Sleepless Nights: Evaluating and Treating Insomnia."

Dr. Anne Brewer, Director of Palliative Care at Stamford Hospital, will speak on "We are All Dying: How to Plan for It" and Dr. Kenneth Dardick, who is engaged in private practice at Mansfield Family Practice and CT Travel

Medicine, will speak on travel medicine.

The Wednesday program will also include a Pediatrics GI presentation by Dr. Wael Sayej, Attending Physician at the Children's Medical Center and Assistant Professor at UConn, and will conclude at 4:00 PM with a presentation by Dr. Meag McCusker on Dermatology.

The Thursday session will open with a presentation by Dr. David Boisoneau on "The Lump in the Neck" and will close at 4:00 PM with different "Etiologies of Leg Pain in Children" by Dr. Karen Santucci. Dr. Boisoneau is associated with Ear, Nose, and Throat Associates of Southeastern Connecticut, and Dr. Santucci is Professor of Pediatrics at the Yale University School of Medicine. Having spoken in the past with high ratings, Dr. Santucci is paying

a repeat visit to the Symposium.

Dr. Ann Milanese, Associate Professor of Pediatrics at UConn and Chief of Developmental and Rehabilitation Medicine at the Children's Medical Center, will speak on Autism.

Two Academy Past Presidents are also scheduled to speak on Thursday. Dr. Robert Carr will present a lecture on Traditional Care Codes and Dr. Roy Zagieboylo will present a presentation on Geriatric Pearls.

According to Mark Schuman, CAFP Executive Vice President, all told there will be 20 lectures which will be approved by AAFP for prescribed credit. Lectures will be posted to the CAFP website at [www.CTAFP.org](http://www.CTAFP.org). Members are urged to download presentations prior to the Symposium. Mr. Schuman noted that there will be internet access in the lecture room and charging stations will also be available.

## Thumbnail Sketch On Symposium Luncheon Speaker

Two days of continuing medical education deserves a little break for some "light hearted" fun.

On Thursday, October 22, 2015 – the second day of the Scientific Symposium – Dr. Jay Sutay will perform "Humor in Medicine" during the luncheon.

Dr. Sutay is the self-proclaimed "hardest working pediatrician in comedy." He brings his tales from

the examining room and his experience working with kids and their parents as well as his own tribulations as the father of two teenage daughters to standup comedy. His cutting and sometimes incisive commentary about society, parenting, and raising kids has left audiences laughing for years.

After 20 years away from comedy, Dr. Sutay resurrected his long

dormant stand up act in December 2006 by taking the stage at Hartford's Brew Ha Ha Comedy Club. Since that night, Dr. Jay has performed at clubs in Connecticut, Massachusetts, and New York, and clubs and casinos as far away as Nevada, California, and the Bahamas. Dr. Jay was a finalist in the 2012 Funniest Comic in New England Contest held at Mohegan Sun, finishing in 3rd Place in the Pro Division.

Dr. Sutay is a pediatrician in a private practice in South Windsor.

## Letters to the Editor

Hello Mr. Schuman,

Thank you for the opportunity to attend this fabulous conference. It was incredibly well-organized and perfectly designed for medical students and residents.

The app made it easy to individualize and prioritize my schedule so as to optimize my time. I most enjoyed the integrative medicine lecture on acupuncture, aromatherapy, and vitamin deficiencies. I also learned a great deal from the evidence that matters and choosing wisely lectures; they summarized important cost-effective recommendations that matter to patients. Finally, I feel that I have a greater understanding of the scope of family medicine in rural areas as well as OB/GYN care.

There were hundreds of programs to visit in the expo hall. I am interested in eventually practicing medicine in the southeast closer to my family, so this was an ideal opportunity to speak directly with program directors and residents in North Carolina.

Thank you again for the CAFP support.

Meredith Binford

Dear Mark,

As a student from an "orphan school" -Yale- without a department of Family Medicine or rotation in Family Medicine, the National Conference of Family Medicine Residents and Medical Students was an invaluable opportunity to converse with others in

the field. I was able to connect with Family Medicine physicians, residents, and students from Connecticut and across the country. I had a long list of questions that I was able to ask about the scope and practice of Family Medicine, and the differences in training programs in the different regions of the US. With a few hours of casual conversation each day at the residency program fair and over lunch, I was able to identify top programs that I felt would help me best achieve my career vision as well as get a feel for how I would fit in with the residents in these programs. I was also excited to meet so many other students who were interested in Family Medicine. This helped to ease my anxiety about being one of the very few students at my school considering a career in this field.

In addition to the opportunities to connect with others in the field, I explored other topics of interest to me through the various lectures and workshops offered. For example, I learned about Direct Primary Care from a practitioner who started his own practice using this model. I gained useful clinical knowledge pearls about nutrition, integrative medicine practices, and dermatology. I was also inspired by lectures from residents about their experiences using Community Based Participatory Research (CBPR) to improve the health of their communities. As a result I came back with a renewed energy to get

involved in a CBPR project at my institution in the time remaining until graduation.

Thanks,  
Alex Domingo

Dear Mark and Editorial Staff of Core Content Review of Family Medicine,

I have been subscribing to Core Content for many years and have always found it useful.

But I found the July issue particularly good. The "fast fact" sections are very helpful for busy doctors like myself who know some of the basic background knowledge of the treatment and diagnosis of the problem discussed but need quick refresher. This is what the fast facts do.

And putting important information in bold type in the body of the discussions is another helpful tool.

I prefer paper versions because I can keep them, much as I would a textbook.

I think with the fast fact section you are on to a good thing.

I have always felt that self-assessment is the best way to stay current.

I am convinced that when the national debate on "Maintenance of Certification" (MOC) finally settles, the consensus will be that programs such as the Core Content approach will be the model that is adopted.

Sincerely,  
Edward Volpintesta MD

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### CAFP Mission Statement

The mission of CAFP is to promote excellence in health care and to improve the health of people in Connecticut through the advancement of the art and science of Family Medicine, the specialty of Family Medicine and the professional growth of Family Physicians.

# We are ready. Are You?

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## What They Are Saying...

The SGR is dead and Family Medicine, the primary care community, and to some degree the greater universe of organized medicine, rightfully celebrate the victory of an almost 20 year advocacy struggle to repeal what

many knew was a flawed system at its inception. Unfortunately, it's not often we get a "win" in family medicine these days. I sometimes equate the struggle to the card player who is on such a tough streak that he celebrates a

"push." So I am all in favor of waving the flag whenever we get the opportunity.

Raymond J. Saputelli  
Executive Vice President  
New Jersey Academy of Family Physicians

## 2015 Symposium

October 21-22, 2015

Aqua Turf Club | Plantsville, CT



Quality medical education leads to improved patient care. Two days of outstanding lectures and workshops will be presented during the 2015 CAFP Scientific Symposium.

**Register Online**

**<https://ctafp.org/register>**