

CONNECTICUT FAMILY PHYSICIAN

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October 18-19 2017 Scientific Symposium Features Quality Medical Education for Improved Patient Care

Clinical lectures, a resident and student session, a new feature highlighting a Connecticut Academy Research Day and presentations will be featured at the 2017 Connecticut Academy of Family Physicians Scientific Symposium on October 18-19, 2017 at the Aqua Turf Club in Plantsville, CT.

Dr. Frank Crociata, CAFP President, said that the Symposium will feature quality medical education and CME credits to meet AAFP Educational Requirements.

The keynote address opening the Symposium on Wednesday, October 18, will be **“BMI, Bariatric Medicines In-Depth”**. The featured speaker will be Dr. Timothy Fignar of Fignar Family Center for Medical Weight Loss. This lecture will be followed by a presentation by Dr. David Hass, Director of Endoscopy at Yale -New Haven Hospital, who will speak on **“The Usefulness of Capsule Endoscopy”**.

Additional morning lectures will be on **“What’s New in the Treatment of Diabetes?”**, **“The Spectrum of Gallbladder Disease”** and **“Managing Bipolar Disorder in Primary Care”**. These presentations will be presented by Dr. Egils Bogdanovics, Rebecca Kowalski and Lori Calabrese.

Following lunch, Dr. Heather Forkey, Chief of the Division of Child Protection at the University of Massachusetts Memorial Healthcare, will speak on **“All the Fright We Cannot See: Recognizing and Responding to Trauma”**. Dr. Molly Brewer, Chair of the Department of Obstetrics and Gynecology at the UCONN Health Center, will discuss **“Uterine Bleeding”**.

Additional afternoon talks will include: **“Cardiovascular Risk Profiling”** with Dr. Anita Kelsey, Director of Echocardiography at St. Francis Hospital and Assistant Professor of Clinical Medicine at UCONN; **“Infectious Disease”** with Dr. Michael Parry of Stamford Infectious Diseases; and **“The Ten Best Things I Learned in the Past Year”** with Dr. Frank Domino, professor of the Department of Family Medicine at the University of Massachusetts Medical School. Dr. Domino is returning by popular demand, having been one of the highest rated speakers at the 2016 Symposium. *(Continued on Page 2)*

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Highlights from the 2017 AAFP Meeting in San Antonio



After two days of reviewing questions for future issues of the Core Content Review, the Core Board, made up of Ohio and Connecticut members, enjoys a dinner cruise at the AAFP meeting in San Antonio.



Dr. Dom Casablanca, CAFP Past President and delegate, is pictured testifying on behalf of the CAFP during the AAFP Congress of Delegates

Of Note...

- With funds from the AAFP Department of Family Medicine and the CT Academy of Family Physicians, the Netter School of Medicine at Quinnipiac sent 12 students to attend the National Conference of Medical Students and Residents. Our faculty believe that it is extremely important for our students to experience the enthusiasm and passion of future family physicians from around the country. Stepping out of our “regional silo” is one way to provide that opportunity.
- **The Board of Directors of the Pisacano Leadership Foundation, Inc.** has selected the recipients of the 2017 scholarships. Robert Rock, a 4th-year medical student at Yale University School of Medicine is one of six scholars selected as a 2017 Pisacano Scholar. He is the fifth Yale medical student selected as a Pisacano Scholar since the start of the program in 1993. Robert received his undergraduate degree from New York University.
- Drew Edwards, MD was named to the Congress of Delegates Credentials committee for the 2017 meeting of Congress in September.

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Symposium

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Thursday Sessions will start with a keynote address by Dr. Karen Santucci, Medical Director and Section Chief of Pediatric Emergency Medicine at Yale-New Haven Children’s Hospital, will speak on **“Pediatric Lessons Learned in a Community ED”**. This will be followed by a lecture by Dr. James O’Brien, Medical Director of ProHealth Sleep Center, who will discuss **“Changing Shape of Sleep Studies”**. There will also be a lecture for Office Staff on **“Motivation Interviewing”** featuring Dr. Steve Martino, Professor of Psychiatry at the Yale School of Medicine and Chief of Psychology at the VA CT Healthcare System.

Additional morning lectures will feature Dr. Miklos Fogarasi, Assistant Professor of Medical Sciences at the Frank H. Netter MD School of Medicine at Quinnipiac University, who will speak on **“Cancer Survivorship”** and Dr. Teresa Domack who is a 3rd Year Resident at Middlesex Hospital’s Family Medicine Residency Program, who will discuss **“Barriers to Childhood Immunizations: Addressing Common Parental Concerns”**.

Following lunch, Dr. Kathleen Mueller, Medical Director of the Center for Integrated Medicine at St. Francis Hospital, will discuss **“A Nutritional Approach to IBS and Other Gut Issues”**. This will be followed by the following two lectures: **“Hepatitis C”** by Dr. Lisa Chirch, Fellowship Director for Infectious Disease at the UCONN Health center, and **“Addressing Dx Error”** by Dr. Mark Graber, Senior Fellow at RTI International and Professor Emeritus at Stony Brook University.

The symposium will close with a major presentation on **“Multidisciplinary Pain Management and Novel Approaches Beyond Opioids”**, featuring Dr. Ofer Wellisch, Chief of the Division of Pain Management at Stamford Hospital.

The symposium has been submitted for review to receive accreditation by the American Academy of Family Physicians for 15 hours of Prescribed Credit. Upon approval, the symposium will also provide Category 1 Credit for the Physicians Recognition Award of the American Medical Association.

According to Dr. Sandra Hughes, Chair of Arrangements, the symposium has an added feature this year, which will include a CT Family Medicine Research Day. Students and residents from all CT medical schools and residency programs will have submitted their best research for selection and display at the symposium. Following the last lecture on Wednesday, Oct 18, symposium participants are invited to attend an evening reception to view the posters and discuss the research with students and residents. This session will include an awards presentation and refreshments will be served.



**Family Medicine Grand Rounds
UCONN/St. Francis Family Medicine Residency**

Wednesday mornings: Chawla Auditorium

9/20/2018	Health Reform 2.0: Moving Forward to Single Payer	Dr. Goldman Huertas
10/18/2017	Developmental Trauma	Dr. Julian Ford
11/15/2017	New Therapies in Hepatitis C Management	Dr. Martin Hoffman
12/13/2017	Laughter is Good Medicine	Regina Barreca, PhD
1/10/2018	Chronic Pain Management	Dr. Eapen Matthews
2/7/2018	Physician Burnout 2.0	Dr. Kathy Mueller
3/7/2017	Primary Care Needs of LGBT Community	Josh Rosovsky
4/4/2018	Evidence-Based Medicine	Dr. Montgomery Douglas
5/2/2018	JERESATY CARDIOVASCULAR SYMPOSIUM, No Grand Rounds	
5/30/2018	Are you really a Good Listener?	Dr. Kevin Grigsby

A Life Changing Experience

by Crystal Marquez, M.D. PGY-2

I have always wanted to be a doctor, but as my love for traveling and helping those less fortunate has evolved, my passion for global health has taken a life of its own. At the end of August, I had the opportunity to join Health Horizons International (HHI) for a trip to work at the local hospital in Montellano, Dominican Republic. During my time there I saw many patients in their clinic—most of whom had chronic diseases including hypertension and diabetes. The most rewarding part of my experience with these patients was going out into the community and into their homes. I was able to go with community health workers to see how these patients lived and what their everyday lives are.

One experience that I will never forget was that of a 70 year old gentleman who was recently hospitalized in Puerto Plata because he had a left hip fracture. Unfortunately due to his comorbid conditions of his age, hypertension and hyperlipidemia, he was not a good surgical candidate. Therefore, he was sent home with a cast on his lower leg in order to apply some sort of traction on his leg. Initially another HHI member went to care for the patient. When she saw him she was dismayed at his lack of traction and was concerned that he may have a pulmonary embolus as he was tachypneic and tachycardic. That night at dinner she discussed this patient with me and the two other HHI members. It was determined that the patient needed more care, and that we would return back to the patient's home to figure out other options to treat the patient's hip fracture.



Crystal Marquez, M.D. with fellow HHI volunteers in the Dominican Republic

The following day we went to the patient's house, and made a new apparatus involving pulleys, ropes, and water jugs for weight to provide rudimentary traction for his hip fracture. Also, during examination he didn't have any evidence of pulmonary embolism but was provided full strength aspirin for anticoagulation purposes. Fortunately, this patient was grateful for the help despite knowing that he was likely to lie in his bed which was usually in 90° temperature for the next 4-6 weeks. Instinctively this medical treatment plan brought me back to my days in college, where I learned about pulleys and force; I never would have imagined putting it to use medically for a patient. Ultimately, I learned that all my experiences, even if they seem trivial, may be beneficial to my future adventures in global health.

The CAFP provided a scholarship so Dr. Marquez could participate in this HHI mission.

Great National Conference

By Rebecca Howe

The AAFP National Conference for Medical Students and Residents was a wonderful three days packed with stimulating talks, friendly new faces, and excitement about the possibilities ahead in a family medicine residency. I enjoyed both meeting other students from around the country and also reconnecting with Netter students and reflecting on how our different paths have pointed us towards family medicine.

The conference sessions were diverse—rural health, integrative medicine, health policy, global health, procedural skill—and catered to many learning styles with not just didactic sessions, but hands-on ultrasound practice, case studies using mobile apps, and small group discussions. I left the conference feeling invigorated and prepared to launch into the upcoming application season. Perhaps I'll even see some of my new student and resident friends along the interview trail.

CAFP Mission Statement

The mission of CAFP is to promote excellence in health care and to improve the health of people of CT through the advancement of the art and science of Family Medicine, the specialty of Family Medicine and the professional growth of Family Physicians.

Of Note Cont.

- Dr. Howard A. Selinger of the Quinnipiac School of Medicine has been named a new faculty advisor for the Family Medicine interest group at Yale
- **2017 CAFP Award Winners: CAFP Award of Excellence**
 - Nicole Gordon — Frank H. Netter School of Medicine (Quinnipiac)
 - Thomas Atwood — UCONN School of Medicine
- **2017 CAFP Award Winners: Dr. David and Arthur Schuman Award**
 - Kumba Hinds—Frank H. Netter School of Medicine (Quinnipiac)
 - Sarah Fortin — UCONN School of Medicine
- The AAFP congratulated the CAFP for achieving the Highest percent in active membership retention among medium chapters, the 2nd highest percent increase in student membership and for receiving 100% of Resident Membership.
- Dr. Madraswalla climbed Mount Washington to raise money for Health Horizons International (HHI).

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CAFP Past President Kathleen Mueller, M.D. (second from left) was named an Observer at the Reference Committee on Health of the Public and Science at the AAFP Congress of Delegates.



CAFP Past President Robert Carr, M.D. an alternate delegate to the AAFP Congress of Delegates, testifies on issues of importance to the CAFP.

Letters to the Editor

Thank you for the CAFP award of Excellence! I truly am humbled and honored by the recognition. I appreciate all of the support the CAFP has given to the Netter SOM & our FMIG over the past four years that have helped us sponsor informational events, dinners, procedure nights, and visits to the AAFP national conference—we couldn't have done it without you! I am thrilled to go into family medicine. I can't wait to see what the future has in store.

Nicole Gordon, M.D.



Thank you for your support to attend the Resident and Student Conference. Both Teresa Domack and Maura Conway enjoyed the National Conference of Medical Students and Residents. We all had a great experience. We are very grateful for your support. Thanks!

Kathleen Tardif, Residency Program Manager, Middlesex Hospital

